

KNOW YOUR BODY. SUPPORT IT RIGHT.

A Complete Supplement Support Guide
for Every Health Journey

20

Health
Categories

96+

Targeted
Bundles

100+

Products
Covered

GLP-1 Support

Menopause

Cancer Recovery

High Blood Pressure

Weight Loss

Thyroid Health

Senior Nutrition

Fitness

Gut & IBS

Men's Hormones

Fibroids

Bariatric Recovery

Cosmetic Surgery

Diabetes

Cholesterol

Sleep & Rest

Joint Pain

Energy & Vitality

Liver & Kidney

Skin, Hair & Beauty

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■ GLP-1 Medication Support

Protect Your Body While You Transform It

GLP-1 medications help you eat less—but they don't replace nutrients, protect your gut, preserve muscle, or restore energy. These bundles support what the medication is doing AND protect the body from side effects.

■ GLP-1 Essentials Bundle

"Your Foundation. Your Protection."

Best For:

Everyone starting or currently on GLP-1 medication

Products:

- V-DAILY – full multivitamin + minerals + prebiotics
- NOURISH+ – protein + probiotics + superfoods + GLP-1 activation blend
- V-OMEGA 3 – brain, inflammation, fat metabolism support

Why It Works:

- Replaces nutrients they're not eating
- Supports metabolism and brain health
- Keeps hormones and inflammation balanced

■ Gut Reset & Digestion Bundle

"No More Backed Up on GLP-1"

Best For:

Constipation, bloating, slow digestion

Products:

- V-FORTYFLORA – gut microbiome + charcoal support
- SMART BIOTICS – probiotics + enzymes for digestion
- V-TE DETOX – gentle herbal cleanse

Why It Works:

- GLP-1 slows stomach emptying, causing backup
- Moves digestion and balances bacteria
- Reduces bloating and discomfort

■ Lean Body & Muscle Protection Bundle

"Lose Fat, Not Your Shape"

Best For:

Preventing muscle loss during weight loss

Products:

- VITAL PRO – protein + collagen + amino acids
- NOURISH+ – plant protein + micronutrients
- PERFORMANCE+ – amino acids + electrolytes + recovery

Why It Works:

- GLP-1 users lose both muscle and fat
- Keeps metabolism high and body toned
- Sustains energy throughout the day

■ Blood Sugar Control Bundle

"Stay Full, Stay Balanced"

Best For:

Cravings, energy crashes, insulin resistance

Products:

- S-BALANCE – berberine + cinnamon + ALA
- V-CONTROL – satiety + appetite regulation
- NOURISH+ – steady nutrition + fiber + protein

Why It Works:

- Enhances what GLP-1 is already doing
- Helps prevent cravings and sugar dips
- Reduces risk of rebound weight gain

■ Energy & Fatigue Support Bundle

"Energy Without Eating More"

Best For:

People feeling tired, weak, or drained

Products:

- LATTEKAFFE – clean energy + MCT + mushrooms
- V-NITRO – circulation + nutrient delivery
- GLUTATION PLUS+ – cellular energy + antioxidant support

Why It Works:

- GLP-1 reduces calorie intake, causing low energy
- Supports mental clarity and blood flow
- Boosts cellular energy production

■ Detox & Skin Glow Bundle

"Glow While You Shrink"

Best For:

Skin changes, toxins released during rapid weight loss

Products:

- GLUTATION PLUS+ – detox + skin + antioxidant
- V-ORGANEX – liver support (milk thistle, artichoke)
- V-ASCULAX – circulation + skin elasticity

Why It Works:

- Rapid fat loss releases stored toxins
- Supports liver function and detox pathways
- Improves skin glow and circulation

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	GLP-1 Essentials	\$149–\$179	~\$70–\$100
Mid	Gut / Energy / Blood Sugar	\$179–\$229	~\$90–\$140
Premium	Lean Body + Detox	\$229–\$299	~\$120–\$180

These products are designed to support general wellness. They are not intended to diagnose, treat, cure, or prevent any disease. Always consult with your healthcare provider before starting any supplement regimen.

■ Menopause Support

You're Not Done. You're Just Shifting.

Menopause is more than hot flashes. It's hormone imbalance, weight gain, brain fog, low energy, mood swings, poor sleep, and slower metabolism. These bundles address all of it holistically.

■ Hormone Balance & Calm Bundle

"Calm Your Body Down Again"

Best For:

Mood swings, anxiety, hot flashes, sleep issues

Products:

- V-ITALAY – calming (valerian, passionflower, green tea)
- V-OMEGA 3 – hormone + brain support
- GLUTATION PLUS+ – reduces oxidative stress

Why It Works:

- Supports nervous system and mood
- Helps regulate emotional swings
- Reduces internal stress that worsens symptoms

■ Weight & Metabolism Reset Bundle

"That Belly Is Not Permanent"

Best For:

Belly weight, stubborn fat, slow metabolism

Products:

- S-BALANCE – blood sugar + insulin support
- V-CONTROL – appetite + satiety
- V-THERMOKAFE – fat-to-energy + metabolism boost

Why It Works:

- Menopause causes insulin resistance and fat storage
- Helps regulate cravings and improve metabolism
- Reduces hormonal fat gain

■ Strength, Skin & Aging Well Bundle

"Aging... But Still Fine"

Best For:

Muscle loss, skin aging, joint pain

Products:

- VITALAGE COLLAGEN – skin, joints, elasticity
- VITAL PRO – protein + muscle support
- V-CURCUMAX – inflammation + joint support

Why It Works:

- Estrogen drops cause collagen and muscle loss
- Keeps body firm and supports joints
- Improves skin texture and elasticity

■ Focus, Energy & Brain Support Bundle

"Get Your Mind Back"

Best For:

Brain fog, fatigue, lack of motivation

Products:

- V-NRGY TROPICAL – mental energy + focus
- LATTEKAFFE – clean energy + cognition
- V-DAILY – full nutrient + brain support

Why It Works:

- Menopause affects cognition and energy
- Supports clarity and alertness
- Provides sustained energy without crashes

■ Gut, Bloat & Detox Bundle

"Debloat and Reset"

Best For:

Bloating, digestion issues, inflammation

Products:

- SMART BIOTICS – gut + digestive enzymes
- V-ORGANEX – liver + detox support
- V-TE DETOX – gentle cleanse

Why It Works:

- Hormones directly affect gut and liver function
- Supports digestion and detox pathways
- Reduces hormonal bloating

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
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Entry	Hormone / Gut Bundles	\$149–\$179	~\$70–\$100
Mid	Energy / Metabolism	\$179–\$229	~\$90–\$140
Premium	Strength / Aging / Full Reset	\$229–\$299	~\$120–\$180

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■ ■ Cancer Treatment & Remission Support

Support Your Body Through Every Stage

During and after treatment, the body is often nutrient depleted, weak, inflamed, and struggling. These bundles focus on rebuilding, protecting, and restoring—gently and intentionally.

■ Foundation & Nourishment Bundle

"Rebuild What Your Body Has Been Through"

Best For:

Anyone in treatment or recovery

Products:

- V-DAILY – full-spectrum vitamins + minerals + prebiotics
- NOURISH+ – protein + probiotics + micronutrients + superfoods
- D-FENZ – immune + vitamin C, D, zinc support

Why It Works:

- Replenishes what treatment depletes
- Supports immune system and digestion
- Helps maintain strength and energy

■ Strength & Recovery Bundle

"Get Your Strength Back—Day by Day"

Best For:

Fatigue, muscle loss, weakness

Products:

- VITAL PRO – protein + amino acids + collagen
- GENIUS SHAKE – nutrient-dense protein + vitamins
- PERFORMANCE+ – electrolytes + recovery support

Why It Works:

- Helps restore muscle and strength
- Supports recovery between treatments
- Improves daily energy levels

■ Gut & Digestion Support Bundle

"Support Your Gut So Your Body Can Receive"

Best For:

Nausea, digestion issues, poor appetite

Products:

- SMART BIOTICS – probiotics + enzymes
- V-FORTYFLORA – microbiome + gut balance
- V-TE DETOX – gentle herbal digestive support

Why It Works:

- Treatment heavily impacts gut health
- Supports digestion and nutrient absorption
- Reduces discomfort during recovery

■ Cellular Protection & Immunity Bundle

"Protect What You're Rebuilding"

Best For:

Oxidative stress and immune rebuilding

Products:

- GLUTATION PLUS+ – antioxidant + cellular protection
- V-GLUTATION – glutathione + turmeric support
- V-OMEGA 3 – anti-inflammatory + brain support

Why It Works:

- Supports cells under significant stress
- Helps reduce systemic inflammation
- Supports immune function and rebuilding

■ Energy, Focus & Comfort Bundle

"Feel Like Yourself Again—Mentally & Physically"

Best For:

Brain fog, emotional fatigue, low energy

Products:

- LATTEKAFFE – gentle energy + focus (mushrooms + MCT)
- V-ITALAY – calming + nervous system support
- V-NITRO – circulation + nutrient delivery

Why It Works:

- Supports mental clarity through treatment
- Helps with calm and emotional balance
- Improves oxygen and nutrient flow

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Foundation Bundle	\$129–\$159	~\$60–\$90
Mid	Recovery / Gut	\$159–\$199	~\$80–\$120
Premium	Full Support Systems	\$199–\$269	~\$100–\$160

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♥■ High Blood Pressure Support

Support Your Heart. Support Your Body.

High blood pressure isn't just about salt. It's about circulation, chronic stress, inflammation, and how the body functions daily. These bundles provide full-body support—not one-dimensional advice.

■ Heart & Circulation Support Bundle

"Help Your Blood Flow, Not Fight It"

Best For:

Core blood pressure support

Products:

- V-NITRO – nitric oxide support (blood flow, vessel dilation)
- V-ASCULAX – vessel protection + circulation + elasticity
- V-OMEGA 3 – reduces triglycerides + supports heart health

Why It Works:

- Improves blood flow naturally
- Supports vessel flexibility and health
- Reduces cardiovascular strain

■ Blood Pressure & Sugar Balance Bundle

"Balance Your Body, Lower the Pressure"

Best For:

Hypertension tied to diabetes or insulin resistance

Products:

- S-BALANCE – blood sugar + metabolic support
- V-CONTROL – appetite + satiety + stability
- V-DAILY – vitamins + minerals (including magnesium)

Why It Works:

- Blood sugar spikes directly increase blood pressure
- Stabilizes insulin and cravings
- Replenishes key blood pressure minerals

■ Stress & Nervous System Reset Bundle

"Calm Your Body So Your Pressure Can Follow"

Best For:

Stress-induced high blood pressure

Products:

- V-ITALAY – calming (valerian, passionflower)
- LATTEKAFE – clean, balanced energy (no crash)
- GLUTATION PLUS+ – cellular stress + antioxidant support

Why It Works:

- Stress is a major driver of elevated blood pressure
- Supports a calm nervous system
- Provides steady energy without cortisol spikes

■ Detox & Inflammation Support Bundle

"Reduce What's Weighing on Your System"

Best For:

Chronic inflammation and toxin buildup

Products:

- V-ORGANEX – liver support (milk thistle, artichoke)
- V-CURCUMAX – turmeric + inflammation support
- V-TE DETOX – gentle cleanse

Why It Works:

- Inflammation is a major contributor to hypertension
- Supports liver detox and toxin elimination
- Reduces internal inflammatory burden

■ Weight & Heart Health Bundle

"Support Your Heart by Supporting Your Body"

Best For:

Blood pressure linked to weight and lifestyle

Products:

- NOURISH+ – protein + fiber + gut + satiety
- VITAL PRO – protein + metabolism + muscle
- V-THERMOKAFE – fat-to-energy metabolism

Why It Works:

- Weight loss is one of the most effective ways to reduce BP
- Supports metabolism and appetite
- Builds lean muscle to keep metabolism active

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Stress / Balance Bundles	\$129–\$159	~\$60–\$90
Mid	Circulation / Detox	\$159–\$199	~\$80–\$120
Premium	Full Heart + Weight Systems	\$199–\$269	~\$100–\$160

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■ Weight Loss Support

You Don't Need More Discipline. You Need Support.

Weight loss isn't just willpower. It's hormones, metabolism, appetite, and energy. These bundles address the root causes so you can lose weight effectively—and keep it off.

■ Appetite Control & Craving Killer Bundle

"Control Your Appetite... or It Controls You"

Best For:

Overeating, emotional eating, late-night cravings

Products:

- V-CONTROL – satiety + appetite support
- S-BALANCE – blood sugar + craving control
- NOURISH+ – protein + fiber + fullness support

Why It Works:

- Addresses the root problem: cravings
- Stabilizes hunger hormones naturally
- Keeps you full longer between meals

■ Metabolism & Fat Burn Bundle

"Turn Your Body Into a Fat-Burning Machine"

Best For:

Slow metabolism, stubborn fat

Products:

- V-THERMOKAFE – fat-to-energy metabolism
- V-NRGY TROPICAL – energy + thermogenic support
- V-NITRO – circulation + nutrient delivery

Why It Works:

- Helps the body actually burn stored fat
- Improves energy output and thermogenesis
- Supports metabolic function throughout the day

■ Lean Body & Toning Bundle

"Lose Weight... Keep Your Shape"

Best For:

Losing fat while keeping your shape

Products:

- VITAL PRO – protein + muscle support
- GENIUS SHAKE – balanced protein + nutrients
- PERFORMANCE+ – recovery + muscle preservation

Why It Works:

- Prevents the 'skinny fat' effect
- Keeps metabolism higher with lean muscle
- Builds a toned, defined look

■ Detox & Deloat Bundle

"Drop the Bloat First"

Best For:

Bloating, water retention, sluggish digestion

Products:

- V-TE DETOX – gentle cleanse
- V-ORGANEX – liver support
- SMART BIOTICS – gut + digestion

Why It Works:

- Reduces bloating and water retention
- Improves digestion and gut function
- Supports natural detox pathways

■ Full Body Weight Loss System

"The System That Actually Works"

Best For:

People who want structure and comprehensive results

Products:

- NOURISH+ – nutrition foundation
- S-BALANCE – blood sugar + metabolism
- V-CONTROL – appetite control
- V-THERMOKAFE – fat burn + energy

Why It Works:

- Covers appetite, metabolism, blood sugar, and nutrition
- A complete system—not just one product
- Designed for consistent, sustainable results

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Appetite / Detox	\$129–\$159	~\$60–\$90
Mid	Metabolism / Energy	\$159–\$199	~\$80–\$120
Premium	Full System / Lean Body	\$199–\$299	~\$100–\$180

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■ Thyroid Health Support

You're Not Lazy. Your Thyroid Might Be Struggling.

The thyroid affects everything: metabolism, energy, hormones, temperature, and mood. These bundles support the thyroid and protect the body from the ripple effects of imbalance.

■ Thyroid Energy & Metabolism Bundle

"Get Your Energy Back Without Burning Out"

Best For:

Fatigue, slow metabolism, weight gain

Products:

- V-DAILY – vitamins + minerals including key thyroid nutrients
- V-NRGY TROPICAL – energy + metabolism support
- LATTEKAFFE – clean energy + cognitive support

Why It Works:

- Supports energy production at the cellular level
- Helps boost sluggish metabolic function
- Reduces fatigue and brain fog

■ Weight & Hormone Balance Bundle

"Support Your Hormones So Your Weight Can Respond"

Best For:

Stubborn weight gain, hormonal imbalance

Products:

- S-BALANCE – blood sugar + metabolic regulation
- V-CONTROL – appetite + satiety
- NOURISH+ – protein + fiber + gut + hormone support

Why It Works:

- Thyroid issues disrupt metabolism and insulin sensitivity
- Stabilizes cravings, hunger, and energy balance
- Provides foundational nutrient support

■ Gut & Thyroid Connection Bundle

"Heal the Gut, Help the Thyroid"

Best For:

Bloating, poor digestion, autoimmune support

Products:

- SMART BIOTICS – probiotics + enzymes
- V-FORTYFLORA – gut balance
- V-ORGANEX – liver + detox support

Why It Works:

- Gut health directly impacts thyroid function
- Supports better nutrient absorption
- Reduces autoimmune-related inflammation

■ Stress & Hormone Reset Bundle

"Calm Your System So Your Thyroid Can Function"

Best For:

Cortisol imbalance, mood swings, burnout

Products:

- V-ITALAY – calming + nervous system support
- GLUTATION PLUS+ – antioxidant + cellular support
- V-OMEGA 3 – brain + hormone support

Why It Works:

- Chronic stress directly suppresses thyroid function
- Helps regulate the stress response
- Supports hormone balance and mood

■ Hair, Skin & Strength Support Bundle

"Support How You Look and Feel"

Best For:

Hair thinning, dry skin, muscle weakness

Products:

- VITALAGE COLLAGEN – skin + hair + joints
- VITAL PRO – protein + tissue repair
- V-CURCUMAX – inflammation + joint support

Why It Works:

- Thyroid issues reduce collagen and muscle tone
- Supports hair regrowth and skin health
- Improves physical strength and comfort

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Energy / Gut Bundles	\$129–\$159	~\$60–\$90
Mid	Hormone / Stress	\$159–\$199	~\$80–\$120
Premium	Full Thyroid System	\$199–\$299	~\$100–\$180

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■ Senior Daily Nutrition

Support Their Health. Support Their Independence.

As we age, the body needs more nutrient-dense support with less volume. These bundles are simple, safe, and designed to maintain strength, clarity, mobility, and quality of life.

■ Daily Foundation & Nutrition Bundle

"Daily Support Made Simple"

Best For:

Everyday health and baseline support

Products:

- V-DAILY – vitamins + minerals + prebiotics
- NOURISH+ – protein + superfoods + prebiotics
- D-FENZ – immune + vitamin C, D, zinc

Why It Works:

- Covers daily nutrient gaps from reduced food intake
- Supports digestion and immune function
- Easy to take formats—powders and drinks

■ Strength & Muscle Support Bundle

"Stay Strong, Stay Independent"

Best For:

Weakness, frailty, maintaining mobility

Products:

- VITAL PRO – protein + collagen + amino acids
- GENIUS SHAKE – nutrient-dense protein + vitamins
- PERFORMANCE+ – electrolytes + muscle recovery

Why It Works:

- Prevents sarcopenia (muscle loss) in aging
- Supports strength, balance, and coordination
- Helps maintain independence and daily function

■ Brain & Memory Support Bundle

"Support a Clear and Active Mind"

Best For:

Focus, memory, mental clarity

Products:

- LATTEKAFE – cognitive support (mushrooms + MCT)
- SMART BIOTICS – gut-brain connection + nutrients
- V-OMEGA 3 – brain + neuron support

Why It Works:

- Supports memory and cognitive function
- Improves focus and mental clarity
- Connects gut health to brain health

■ Joint, Mobility & Comfort Bundle

"Move Comfortably Every Day"

Best For:

Joint pain, stiffness, reduced mobility

Products:

- V-CURCUMAX – inflammation + joint support
- V-ITADOL – joint + musculoskeletal support
- VITALAGE COLLAGEN – joints + connective tissue

Why It Works:

- Reduces stiffness and joint discomfort
- Supports comfortable movement and mobility
- Helps maintain active daily lifestyle

■ Digestion & Gut Health Bundle

"Help the Body Use What It Eats"

Best For:

Bloating, slow digestion, poor appetite

Products:

- SMART BIOTICS – probiotics + enzymes
- V-FORTYFLORA – gut microbiome support
- V-TE DETOX – gentle digestive support

Why It Works:

- Improves digestion and nutrient absorption
- Reduces bloating and discomfort
- Supports appetite and gut motility

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Daily / Gut Bundles	\$99–\$129	~\$50–\$70
Mid	Brain / Mobility	\$129–\$169	~\$70–\$100
Premium	Full Support Systems	\$169–\$229	~\$90–\$130

These products are designed to support general wellness. They are not intended to diagnose, treat, cure, or prevent any disease. Always consult with your healthcare provider before starting any supplement regimen.

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■ ■ Fitness Performance

Support Your Body Like You Train It.

You can train every day—but if your body isn't supported, you'll burn out, plateau, and lose progress. These performance bundles are split into core, women's, and men's systems.

Core Performance Bundles (Unisex)

■ Energy & Performance Bundle

"Train Harder. Last Longer."

Best For:

Workouts, endurance, stamina

Products:

- PERFORMANCE+ – electrolytes + amino acids
- V-NITRO – blood flow + oxygen delivery
- V-NRGY TROPICAL – clean energy + focus

Why It Works:

- Increases training capacity and endurance
- Improves oxygen delivery to muscles
- Provides clean, sustained workout energy

■ Muscle Build & Recovery Bundle

"Build Muscle. Recover Faster."

Best For:

Muscle growth and post-workout recovery

Products:

- VITAL PRO – protein + collagen + amino acids
- GENIUS SHAKE – protein + nutrients
- PERFORMANCE+ – recovery + hydration

Why It Works:

- Supports muscle protein synthesis
- Speeds up post-workout recovery
- Reduces soreness and improves adaptation

■ Lean & Cut Bundle

"Burn Fat Without Losing Strength"

Best For:

Fat loss with muscle definition

Products:

- V-THERMOKAFE – fat-to-energy metabolism
- S-BALANCE – blood sugar + fat storage control
- NOURISH+ – protein + satiety + gut

Why It Works:

- Targets fat burning while preserving muscle
- Stabilizes blood sugar during caloric deficit
- Keeps you fueled without overeating

Women's Fitness Bundles

■ Tone & Sculpt Bundle

"Tone Without Losing Your Shape"

Best For:

Shaping, toning, maintaining curves

Products:

- VITAL PRO – lean muscle support
- NOURISH+ – protein + fiber + balance
- V-OMEGA 3 – hormone + inflammation support

Why It Works:

- Supports lean muscle tone without bulk
- Provides hormone-supportive nutrients
- Reduces exercise-related inflammation

■ Hormone & Weight Balance Bundle

"Work With Your Body, Not Against It"

Best For:

Stubborn weight, cycle-related fluctuations

Products:

- S-BALANCE – insulin + hormone support
- V-CONTROL – appetite control
- GLUTATION PLUS+ – detox + hormone balance

Why It Works:

- Addresses hormonal root causes of stubborn weight
- Reduces cycle-related cravings and bloating
- Supports liver detox of excess hormones

■ Energy & Glow Bundle

"Look Good. Feel Energized."

Best For:

Workouts, skin health, and vitality

Products:

- LATTEKAFFE – clean energy + focus
- V-NRGY TROPICAL – metabolism + energy
- GLUTATION PLUS+ – skin + cellular support

Why It Works:

- Provides clean pre-workout energy
- Supports skin health from the inside out
- Boosts cellular vitality and glow

Men's Fitness Bundles

■ Strength & Size Bundle

"Build Strength That Shows"

Best For:

Muscle growth and power output

Products:

- VITAL PRO – protein + muscle building
- PERFORMANCE+ – amino acids + strength support
- V-NITRO – blood flow + pump

Why It Works:

- Maximizes muscle protein synthesis
- Improves training performance and power
- Enhances blood flow and muscle pump

■ Cut & Shred Bundle

"Get Lean Without Losing Power"

Best For:

Fat loss with maximum definition

Products:

- V-THERMOKAFE – fat burning
- S-BALANCE – insulin control
- V-NRGY TROPICAL – energy + performance

Why It Works:

- Accelerates fat burning during cuts
- Controls insulin to prevent fat storage
- Maintains workout performance in a deficit

■ Energy & Drive Bundle

"Stay Driven. Stay Consistent."

Best For:

Motivation, stamina, and focus

Products:

- LATTEKAFFE – mental focus + energy
- V-NRGY TROPICAL – stamina + thermogenic support
- V-NITRO – circulation + endurance

Why It Works:

- Supports sustained motivation and drive
- Improves stamina for longer sessions
- Enhances mental focus and performance

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Energy / Lean / Tone	\$129–\$159	~\$60–\$90
Mid	Muscle / Women / Men	\$159–\$199	~\$80–\$120
Premium	Full Performance Systems	\$199–\$299	~\$100–\$180

These products are designed to support general wellness. They are not intended to diagnose, treat, cure, or prevent any disease. Always consult with your healthcare provider before starting any supplement regimen.

■ Gut Health & IBS Support

Your Gut Shouldn't Control Your Day.

IBS and gut issues are affected by what you eat, how you digest, your stress levels, and your internal balance. These bundles support digestion, gut bacteria, and the nervous system—all three.

■ Gut Reset & Relief Bundle

"Calm the Gut. Reduce the Chaos."

Best For:

Bloating, irregular digestion, IBS flare-ups

Products:

- SMART BIOTICS – probiotics + digestive enzymes
- V-FORTYFLORA – microbiome + gut balance
- V-TE DETOX – gentle herbal digestive support

Why It Works:

- Supports gut bacteria balance and diversity
- Improves digestion and food breakdown
- Reduces bloating and daily discomfort

■ IBS Stress & Nervous System Bundle

"Calm Your Mind, Calm Your Gut"

Best For:

Stress-triggered IBS symptoms

Products:

- V-ITALAY – calming support (valerian, passionflower)
- GLUTATION PLUS+ – antioxidant + cellular stress support
- V-OMEGA 3 – inflammation + brain-gut support

Why It Works:

- IBS is strongly linked to the stress response
- Supports the nervous system and gut-brain axis
- Reduces inflammation that triggers flare-ups

■ Digestion & Absorption Bundle

"Help Your Body Use What You Eat"

Best For:

Feeling full quickly, poor digestion, nutrient loss

Products:

- SMART BIOTICS – enzymes + probiotics
- NOURISH+ – easy-to-digest protein + fiber + probiotics
- V-DAILY – vitamins + minerals + prebiotics

Why It Works:

- Helps the body properly absorb nutrients
- Supports digestion without overloading the system
- Provides gentle, complete nourishment

■ Deloat & Cleanse Bundle

"Release the Bloat, Restore Balance"

Best For:

Chronic bloating, toxin buildup

Products:

- V-TE DETOX – gentle cleanse
- V-ORGANEX – liver + digestive support
- V-FORTYFLORA – gut balance

Why It Works:

- Supports natural detox pathways
- Reduces the triggers behind chronic bloating
- Improves overall digestive flow and rhythm

■ Full IBS Support System

"Support Your Gut From Every Angle"

Best For:

People who want structure and comprehensive gut relief

Products:

- SMART BIOTICS – gut bacteria and enzymes
- V-FORTYFLORA – microbiome balance
- V-ITALAY – stress and nervous system
- NOURISH+ – gentle nutrition and fiber

Why It Works:

- Covers gut bacteria, digestion, stress triggers, and nutrition
- A complete approach to IBS management
- Designed for consistent, daily support

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Gut Reset / Deloat	\$119-\$149	~\$55-\$80
Mid	Digestion / Stress	\$149-\$189	~\$75-\$110
Premium	Full IBS System	\$189-\$249	~\$95-\$145

These products are designed to support general wellness. They are not intended to diagnose, treat, cure, or prevent any disease. Always consult with your healthcare provider before starting any supplement regimen.

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■ Men's Hormone & Testosterone Support

You're Not Slowing Down... Your Hormones Might Be.

Less energy. Less drive. Less strength. That's not weakness—that's your body shifting. These bundles support energy, strength, hormone balance, and performance so you can feel fully like yourself again.

■ Men's Vitality & Testosterone Support Bundle

"Get Your Edge Back"

Best For:

Low energy, low drive, hormone support

Products:

- V-LOVKAFE – testosterone + circulation + vitality
- V-OMEGA 3 – hormone + brain support
- GLUTATION PLUS+ – cellular + hormone support

Why It Works:

- Supports hormone balance naturally
- Improves circulation (key for performance and libido)
- Reduces oxidative stress that disrupts hormones

■ Energy, Drive & Performance Bundle

"Show Up Like You Used To"

Best For:

Fatigue, low motivation, burnout

Products:

- LATTEKAFE – clean energy + focus
- V-NRGY TROPICAL – sustained energy + metabolism
- V-NITRO – circulation + oxygen delivery

Why It Works:

- Supports physical and mental energy simultaneously
- Improves endurance and daily stamina
- Enhances performance in workouts and everyday life

■ Strength, Muscle & Recovery Bundle

"Rebuild Strength, Not Just Size"

Best For:

Muscle loss, slower recovery

Products:

- VITAL PRO – protein + muscle support
- PERFORMANCE+ – amino acids + recovery
- GENIUS SHAKE – nutrient-dense protein

Why It Works:

- Helps rebuild and maintain lean muscle
- Supports faster recovery between sessions
- Keeps metabolism active as you build strength

■ ■ Belly Fat & Hormone Balance Bundle

"Lose the Gut, Not Your Power"

Best For:

Weight gain, especially in the midsection

Products:

- S-BALANCE – insulin + metabolic support
- V-CONTROL – appetite regulation
- V-THERMOKAFE – fat-to-energy metabolism

Why It Works:

- Targets fat storage tied to hormonal imbalance
- Improves metabolic rate and fat utilization
- Reduces cravings driven by blood sugar swings

■ Focus, Clarity & Confidence Bundle

"Think Sharp. Move Strong."

Best For:

Brain fog, lack of focus, mental fatigue

Products:

- LATTEKAFE – cognitive + energy support
- SMART BIOTICS – gut-brain support
- V-OMEGA 3 – brain function support

Why It Works:

- Supports mental clarity and sharp thinking
- Improves focus and memory through the gut-brain axis
- Helps stabilize mood and confidence

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
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Entry	Vitality / Focus Bundles	\$129–\$159	~\$60–\$90
Mid	Energy / Belly Fat	\$159–\$199	~\$80–\$120
Premium	Full Men's Vitality System	\$199–\$279	~\$100–\$170

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■ Fibroid & Women's Hormonal Wellness

Your Body Is Talking. It Needs Support.

Fibroids are driven by hormone imbalance, inflammation, estrogen dominance, and stress. These bundles are designed to support hormonal balance, reduce inflammation, assist liver detox of excess estrogen, replenish nutrients lost to heavy bleeding, and calm the body from the inside out.

■ Hormone Balance & Estrogen Support Bundle

"Balance Your Hormones From the Inside Out"

Best For:

Estrogen dominance, hormonal imbalance, heavy periods

Products:

- V-OMEGA 3 – hormone regulation + inflammation support
- GLUTATION PLUS+ – liver detox + cellular hormone support
- V-ORGANEX – liver support (milk thistle, artichoke) to clear excess estrogen

Why It Works:

- Excess estrogen is a primary driver of fibroid growth
- Supports the liver's ability to metabolize and clear estrogen
- Reduces systemic inflammation that worsens hormonal symptoms

■ Anti-Inflammation & Pain Support Bundle

"Calm the Inflammation, Ease the Pain"

Best For:

Pelvic pain, cramping, bloating, pressure

Products:

- V-CURCUMAX – turmeric + powerful anti-inflammatory support
- V-OMEGA 3 – reduces prostaglandins that drive pain and cramping
- V-ITALAY – calming + nervous system support for pain response

Why It Works:

- Chronic inflammation contributes to fibroid symptoms
- Supports reduction of pain signals and cramping intensity
- Calms the nervous system to reduce discomfort and tension

■ Iron, Strength & Nutrient Replenishment Bundle

"Replenish What Your Body Loses Every Month"

Best For:

Heavy bleeding, fatigue, weakness, nutrient depletion

Products:

- V-DAILY – full-spectrum vitamins + minerals including iron cofactors
- NOURISH+ – protein + superfoods + nutrient-dense replenishment
- VITAL PRO – protein + amino acids to rebuild strength

Why It Works:

- Heavy menstrual bleeding depletes iron, B vitamins, and protein
- Supports energy production and reduces fatigue from blood loss
- Helps rebuild strength and vitality between cycles

■ Gut, Bloat & Detox Support Bundle

"Clear the Gut, Clear the Hormones"

Best For:

Bloating, constipation, gut pressure, toxic buildup

Products:

- SMART BIOTICS – probiotics + enzymes for digestion
- V-FORTYFLORA – gut microbiome balance
- V-TE DETOX – gentle herbal cleanse to support elimination pathways

Why It Works:

- A sluggish gut recirculates estrogen back into the bloodstream
- Supports regular elimination to help clear hormonal waste
- Reduces fibroid-related bloating and abdominal pressure

■ Stress, Cortisol & Nervous System Bundle

"Calm Your Stress So Your Hormones Can Follow"

Best For:

Stress-driven hormone disruption, anxiety, poor sleep

Products:

- V-ITALAY – calming + nervous system regulation
- GLUTATION PLUS+ – antioxidant + adrenal + cortisol support
- V-OMEGA 3 – brain + stress hormone balance

Why It Works:

- Chronic stress elevates cortisol, which disrupts estrogen balance
- Supports adrenal function and the stress-hormone connection
- Promotes restful sleep so the body can repair and rebalance

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Hormone / Gut Bundles	\$129–\$159	~\$60–\$90
Mid	Inflammation / Replenishment	\$159–\$199	~\$80–\$120
Premium	Full Hormonal Wellness System	\$199–\$279	~\$100–\$170

These products are designed to support general wellness. They are not intended to diagnose, treat, cure, or prevent any disease. Always consult with your healthcare provider before starting any supplement regimen.

■ Weight Loss Surgery Recovery

You Made the Decision. Now Protect It.

After bariatric surgery — gastric sleeve, bypass, or lap band — the body undergoes dramatic changes. Nutrient absorption is severely limited, muscle is at risk, and the gut microbiome is disrupted. These bundles are built around the specific, non-negotiable needs of bariatric patients for long-term success.

■ Bariatric Foundation & Nutrient Bundle

"Give Your Body What Surgery Can't"

Best For:

All post-op patients — the essential starting point

Products:

- V-DAILY – full-spectrum vitamins + minerals + prebiotics
- NOURISH+ – easy-to-absorb protein + superfoods + prebiotics
- D-FENZ – immune support + vitamin C, D, zinc

Why It Works:

- Bariatric surgery drastically limits nutrient absorption
- Covers critical vitamins and minerals required post-op
- Supports immune function during the healing phase

■ Protein & Muscle Preservation Bundle

"Lose the Weight. Keep the Strength."

Best For:

Rapid weight loss, muscle loss, weakness

Products:

- VITAL PRO – protein + collagen + amino acids
- GENIUS SHAKE – nutrient-dense protein + vitamins
- PERFORMANCE+ – amino acids + electrolytes + recovery

Why It Works:

- Protein intake is critical post-bariatric and often insufficient
- Prevents muscle loss during rapid weight reduction
- Supports daily strength and metabolic function

■ Gut Restoration & Digestion Bundle

"Rebuild Your Gut From the Ground Up"

Best For:

Gut disruption, nausea, slow digestion, absorption issues

Products:

- SMART BIOTICS – probiotics + digestive enzymes
- V-FORTYFLORA – microbiome rebuilding + gut balance
- V-TE DETOX – gentle herbal digestive support

Why It Works:

- Surgery fundamentally alters the gut environment
- Helps rebuild a healthy microbiome post-procedure
- Supports gentle digestion and nutrient uptake

■ Energy, Iron & Fatigue Support Bundle

"Fuel Your New Body Every Day"

Best For:

Fatigue, brain fog, iron deficiency, low energy

Products:

- V-DAILY – iron cofactors + B vitamins + energy nutrients
- NOURISH+ – complete nutrition to combat depletion
- LATTEKAFE – clean, gentle energy + cognitive support

Why It Works:

- Iron and B12 deficiency are extremely common post-bariatric
- Supports energy production at the cellular level
- Addresses brain fog and mental fatigue from nutrient gaps

■ Bone, Joint & Long-Term Health Bundle

"Protect Your Body for the Long Haul"

Best For:

Calcium deficiency, bone loss, joint support

Products:

- V-OMEGA 3 – inflammation + bone and joint support
- VITALAGE COLLAGEN – collagen + connective tissue + joints
- V-CURCUMAX – anti-inflammatory + joint comfort

Why It Works:

- Calcium and vitamin D deficiency are major post-bariatric risks
- Supports bone density preservation during weight loss
- Protects joints from increased stress during body transformation

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Foundation / Gut Bundles	\$129–\$159	~\$60–\$90
Mid	Protein / Energy Bundles	\$159–\$199	~\$80–\$120
Premium	Full Bariatric Support System	\$199–\$279	~\$100–\$170

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■ Cosmetic Surgery Recovery

You Invested in Your Body. Now Protect That Investment.

Whether it's a BBL, tummy tuck, liposuction, breast augmentation, or facial procedure — the body needs serious nutritional support to heal well, reduce swelling, build collagen, and deliver the results you paid for. These bundles are built for that.

■ Healing Foundation & Immune Support Bundle

"Give Your Healing Body Everything It Needs"

Best For:

All post-op patients — essential first 30 days

Products:

- V-DAILY – full-spectrum vitamins + minerals for tissue repair
- D-FENZ – immune + vitamin C, D, zinc for wound healing
- NOURISH+ – protein + superfoods to fuel the repair process

Why It Works:

- The body needs elevated nutrient levels to repair surgical sites
- Vitamin C is essential for collagen synthesis post-procedure
- Protein is the primary building block for tissue healing

■ Swelling, Inflammation & Bruising Bundle

"Reduce the Swelling. Reveal the Results."

Best For:

Post-op swelling, bruising, inflammation, discomfort

Products:

- V-CURCUMAX – turmeric + powerful anti-inflammatory support
- V-OMEGA 3 – reduces inflammatory response + supports healing
- GLUTATION PLUS+ – antioxidant + cellular repair + detox support

Why It Works:

- Surgery triggers an inflammatory cascade throughout the body
- Supports the body's natural ability to reduce swelling
- Antioxidants protect cells and accelerate tissue recovery

■ Collagen, Skin & Scar Support Bundle

"Heal Beautiful. Stay Beautiful."

Best For:

Skin elasticity, scar healing, skin quality

Products:

- VITALAGE COLLAGEN – collagen + elasticity + connective tissue
- GLUTATION PLUS+ – skin brightening + cellular regeneration
- V-ASCULAX – circulation + skin elasticity + nutrient delivery

Why It Works:

- Collagen production is critical for scar minimization
- Supports skin elasticity as the body adjusts post-surgery
- Improved circulation delivers nutrients directly to healing tissue

■ Protein, Strength & Muscle Support Bundle

"Protect the Shape You Worked For"

Best For:

Body contouring recovery, muscle preservation, physical fatigue

Products:

- VITAL PRO – protein + amino acids + collagen
- PERFORMANCE+ – recovery + electrolytes + amino acids
- GENIUS SHAKE – nutrient-dense protein + vitamins

Why It Works:

- High protein intake is critical for surgical recovery and shaping
- Electrolytes support hydration and cellular function post-op
- Preserves muscle tone while the body heals and reshapes

■ Energy, Detox & Circulation Bundle

"Flush It Out. Power Back Up."

Best For:

Post-op fatigue, lymphatic support, toxin clearance

Products:

- V-NITRO – nitric oxide + circulation + lymphatic flow support
- V-ORGANEX – liver support to clear anesthesia and medications
- LATTEKAFE – gentle energy + cognitive recovery support

Why It Works:

- Anesthesia and surgery place a significant burden on the liver
- Improved circulation supports lymphatic drainage and reduces swelling
- Gentle energy support helps with the fatigue common in early recovery

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Foundation / Inflammation	\$129–\$159	~\$60–\$90
Mid	Collagen / Protein Bundles	\$159–\$199	~\$80–\$120
Premium	Full Recovery System	\$199–\$299	~\$100–\$180

These products are designed to support general wellness. They are not intended to diagnose, treat, cure, or prevent any disease. Always consult with your healthcare provider before starting any supplement regimen.

■ Diabetes Wellness Support

Manage the Numbers. Support the Body. Live Fully.

Diabetes — both Type 1 and Type 2 — affects blood sugar, circulation, nerve health, kidney function, energy, and immunity. These bundles are designed to support the whole-body impact of diabetes, not just the glucose numbers.

■ Blood Sugar Balance & Insulin Support Bundle

"Support Stable Blood Sugar All Day Long"

Best For:

Blood sugar instability, insulin resistance, cravings

Products:

- S-BALANCE – berberine + cinnamon + ALA for blood sugar regulation
- V-CONTROL – appetite + satiety + craving support
- NOURISH+ – protein + fiber + slow-release nutrition

Why It Works:

- Berberine has been widely studied for blood sugar support
- Fiber and protein help slow glucose absorption after meals
- Reduces cravings driven by blood sugar spikes and crashes

■ Circulation & Nerve Health Bundle

"Keep Blood Flowing to Every Part of Your Body"

Best For:

Poor circulation, tingling, numbness, nerve discomfort

Products:

- V-NITRO – nitric oxide + blood flow + vascular support
- V-ASCULAX – vessel health + circulation + elasticity
- V-OMEGA 3 – anti-inflammatory + nerve and vascular support

Why It Works:

- Diabetes affects circulation and peripheral nerve health significantly
- Supports healthy blood flow to the extremities
- Omega-3s help reduce inflammation that damages nerve tissue

■ Immune & Cellular Protection Bundle

"Protect Your Body at the Cellular Level"

Best For:

Weakened immunity, oxidative stress, slow healing

Products:

- D-FENZ – immune support + vitamin C, D, zinc
- GLUTATION PLUS+ – master antioxidant + cellular protection
- V-DAILY – full-spectrum vitamins + minerals to fill gaps

Why It Works:

- Diabetes suppresses immune function and increases infection risk
- Oxidative stress is elevated in diabetics and damages cells
- Replenishes vitamins and minerals commonly depleted in diabetes

■ Energy & Fatigue Support Bundle

"Real Energy Without the Crash"

Best For:

Chronic fatigue, low energy, brain fog

Products:

- LATTEKAFE – clean energy + cognitive support without sugar spikes
- V-NRGY TROPICAL – sustained energy + metabolic support
- NOURISH+ – protein + superfoods for steady fuel

Why It Works:

- Blood sugar instability is a primary cause of diabetic fatigue
- Provides clean, sustained energy without spiking glucose
- Supports mental clarity and focus throughout the day

■ Gut, Detox & Metabolic Health Bundle

"Support the Systems Behind the Numbers"

Best For:

Gut imbalance, poor digestion, metabolic dysfunction

Products:

- SMART BIOTICS – probiotics + enzymes for gut-metabolism connection
- V-ORGANEX – liver support for metabolic detox
- V-FORTYFLORA – gut microbiome balance

Why It Works:

- Gut health directly influences blood sugar regulation
- The liver plays a central role in glucose metabolism
- A healthy microbiome supports insulin sensitivity

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Blood Sugar / Gut Bundles	\$129–\$159	~\$60–\$90
Mid	Circulation / Energy	\$159–\$199	~\$80–\$120
Premium	Full Diabetes Wellness System	\$199–\$279	~\$100–\$170

These products are designed to support general wellness. They are not intended to diagnose, treat, cure, or prevent any disease. Always consult with your healthcare provider before starting any supplement regimen.

■ Cholesterol & Heart Health Support

Your Heart Works 24/7. Give It the Support It Deserves.

High cholesterol isn't just about diet — it's about inflammation, liver function, metabolic health, and lifestyle. These bundles target the full picture: supporting healthy lipid levels, protecting vessels, reducing inflammation, and keeping the heart strong.

■ Cholesterol & Lipid Balance Bundle

"Support Healthy Cholesterol From the Inside Out"

Best For:

High LDL, low HDL, triglycerides, lipid imbalance

Products:

- V-OMEGA 3 – clinically studied for triglyceride reduction + HDL support
- S-BALANCE – berberine + metabolic support for lipid regulation
- V-ORGANEX – liver support to optimize cholesterol metabolism

Why It Works:

- Omega-3 fatty acids are one of the most studied nutrients for lipid health
- Berberine has shown meaningful impact on LDL and triglyceride levels
- The liver produces 80% of the body's cholesterol — supporting it is essential

■ Inflammation & Arterial Protection Bundle

"Protect What Keeps You Alive"

Best For:

Arterial inflammation, plaque risk, cardiovascular stress

Products:

- V-CURCUMAX – turmeric + potent anti-inflammatory support
- V-OMEGA 3 – reduces arterial inflammation + protects vessel walls
- GLUTATION PLUS+ – antioxidant protection against oxidative arterial damage

Why It Works:

- Inflammation is the underlying driver of arterial plaque buildup
- Antioxidants protect LDL particles from oxidizing and damaging arteries
- Turmeric has been extensively studied for cardiovascular inflammation

■ Circulation & Vascular Health Bundle

"Keep Your Vessels Open and Your Blood Flowing"

Best For:

Poor circulation, high blood pressure alongside high cholesterol

Products:

- V-NITRO – nitric oxide support for vessel dilation + blood flow
- V-ASCULAX – vessel elasticity + circulation + vascular protection
- V-OMEGA 3 – comprehensive cardiovascular support

Why It Works:

- Cholesterol buildup reduces vessel elasticity and blood flow
- Nitric oxide is the body's natural vessel-relaxing compound
- Supports healthy blood pressure alongside cholesterol management

■ Metabolic & Weight Support Bundle

"Fix the Metabolism, Improve the Numbers"

Best For:

Cholesterol linked to weight gain, blood sugar, metabolic syndrome

Products:

- S-BALANCE – insulin + metabolic regulation
- V-THERMOKAFE – fat-to-energy metabolism support
- NOURISH+ – fiber + protein + gut support for metabolic health

Why It Works:

- Metabolic syndrome drives both high cholesterol and cardiovascular risk
- Supports healthy weight management which directly impacts lipid levels
- Dietary fiber is one of the most effective natural cholesterol supporters

■ Liver & Detox Support Bundle

"A Healthy Liver Makes Healthier Numbers"

Best For:

Liver health, toxin clearance, cholesterol processing

Products:

- V-ORGANEX – milk thistle + artichoke + liver function support
- GLUTATION PLUS+ – glutathione + liver detox + cellular health
- V-TE DETOX – gentle herbal cleanse for elimination pathways

Why It Works:

- The liver is the primary organ responsible for cholesterol regulation
- A burdened liver is less efficient at clearing excess cholesterol
- Supports the body's natural detox pathways to optimize liver output

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Lipid / Liver Bundles	\$129–\$159	~\$60–\$90
Mid	Inflammation / Circulation	\$159–\$199	~\$80–\$120
Premium	Full Heart Health System	\$199–\$279	~\$100–\$170

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■ Sleep & Rest Support

You Can't Heal, Lose Weight, or Perform Without Sleep.

Poor sleep is connected to weight gain, hormone imbalance, weakened immunity, brain fog, anxiety, and chronic disease. These bundles address the root causes of sleep disruption — stress, cortisol, gut issues, nutrient deficiency, and nervous system overload.

■ Deep Sleep & Relaxation Bundle

"Fall Asleep Faster. Stay Asleep Longer."

Best For:

Difficulty falling asleep, restlessness, light sleep

Products:

- V-ITALAY – valerian + passionflower + calming herbal blend
- V-OMEGA 3 – supports melatonin production + brain health
- GLUTATION PLUS+ – reduces oxidative stress that disrupts sleep cycles

Why It Works:

- Valerian and passionflower are among the most studied herbs for sleep onset
- Omega-3s support healthy melatonin and serotonin production
- Reducing oxidative stress allows the brain to enter deeper sleep phases

■ Stress, Cortisol & Nervous System Bundle

"Quiet Your Mind So Your Body Can Rest"

Best For:

Stress-driven insomnia, racing mind, nighttime anxiety

Products:

- V-ITALAY – nervous system calming + cortisol wind-down support
- V-OMEGA 3 – brain + stress hormone regulation
- LATTEKAFE – adaptogenic mushroom support for stress resilience

Why It Works:

- Elevated cortisol at night is one of the most common causes of insomnia
- Adaptogenic ingredients help regulate the stress-sleep cycle
- Supports the nervous system's transition from alert to rest mode

■ Gut & Sleep Connection Bundle

"Fix Your Gut to Fix Your Sleep"

Best For:

Poor sleep linked to gut issues, bloating, discomfort at night

Products:

- SMART BIOTICS – probiotics + enzymes for gut comfort
- V-FORTYFLORA – microbiome balance + gut-brain axis support
- V-TE DETOX – gentle evening herbal support (chamomile, ginger)

Why It Works:

- 90% of serotonin — the precursor to melatonin — is made in the gut
- A balanced microbiome directly supports healthy sleep hormone production
- Reduces nighttime digestive discomfort that fragments sleep

■ Energy Reset & Sleep Cycle Bundle

"Fix the Day to Fix the Night"

Best For:

Daytime fatigue from poor sleep, irregular sleep cycles

Products:

- V-DAILY – B vitamins + magnesium for circadian rhythm support
- NOURISH+ – steady nutrition to stabilize energy and sleep patterns
- V-NRGY TROPICAL – morning energy support to reset sleep-wake rhythm

Why It Works:

- Magnesium deficiency is strongly linked to poor sleep quality
- Stabilizing daytime energy and nutrition improves nighttime sleep pressure
- B vitamins support the production of sleep-regulating neurotransmitters

■ ■ Hormone & Sleep Balance Bundle

"Balance Your Hormones. Reclaim Your Rest."

Best For:

Hormonal disruption affecting sleep — menopause, thyroid, stress

Products:

- V-ITALAY – calming + hormone-adjacent nervous system support
- V-OMEGA 3 – hormone regulation + brain sleep center support
- GLUTATION PLUS+ – cellular + antioxidant + adrenal support

Why It Works:

- Hormonal imbalance — especially estrogen and cortisol — disrupts sleep architecture
- Supports the endocrine system's role in regulating sleep cycles
- Reduces nighttime hot flashes, anxiety, and restlessness hormonally driven

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Sleep / Stress Bundles	\$119–\$149	~\$55–\$85
Mid	Gut / Hormone Sleep	\$149–\$189	~\$75–\$115
Premium	Full Sleep Support System	\$189–\$259	~\$95–\$155

These products are designed to support general wellness. They are not intended to diagnose, treat, cure, or prevent any disease. Always consult with your healthcare provider before starting any supplement regimen.

■ Joint Pain & Mobility Support

Pain Shouldn't Be Your Normal. Support Your Body to Move Again.

Joint pain — whether from arthritis, inflammation, aging, injury, or overuse — affects quality of life at every level. These bundles target the root causes: inflammation, cartilage breakdown, poor circulation, and nutrient deficiency, so the body has what it needs to repair and move comfortably.

■ Inflammation & Pain Relief Support Bundle

"Address the Inflammation, Reduce the Pain"

Best For:

Chronic joint pain, swelling, stiffness, arthritis

Products:

- V-CURCUMAX – turmeric + boswellia + powerful anti-inflammatory complex
- V-OMEGA 3 – reduces systemic inflammation driving joint pain
- V-ITADOL – joint + musculoskeletal comfort support

Why It Works:

- Turmeric's active compound curcumin is one of the most studied anti-inflammatories
- Omega-3s reduce the prostaglandins responsible for joint inflammation and pain
- Targets musculoskeletal discomfort at the source rather than masking it

■ Cartilage, Collagen & Joint Repair Bundle

"Rebuild the Cushion. Restore the Comfort."

Best For:

Cartilage breakdown, creaking joints, reduced cushioning

Products:

- VITALAGE COLLAGEN – collagen types I, II, III for joint + cartilage support
- V-CURCUMAX – anti-inflammatory + tissue protection
- V-OMEGA 3 – lubricates joints + supports connective tissue repair

Why It Works:

- Collagen makes up 70% of cartilage — replenishing it is essential for joint health
- Supports the structural integrity of tendons, ligaments, and joint cushioning
- Omega-3s act as natural joint lubricants reducing friction and discomfort

■ Mobility, Flexibility & Recovery Bundle

"Move More. Hurt Less."

Best For:

Stiffness, limited range of motion, post-activity soreness

Products:

- V-ITADOL – mobility + musculoskeletal support
- PERFORMANCE+ – amino acids + electrolytes + muscle recovery
- V-CURCUMAX – post-activity inflammation support

Why It Works:

- Supports daily flexibility and range of motion maintenance
- Electrolytes and amino acids reduce post-movement stiffness and cramping
- Anti-inflammatory support speeds recovery after physical activity

■ Circulation & Nutrient Delivery Bundle

"Get Nutrients Where They're Needed Most"

Best For:

Poor circulation to joints, slow healing, cold extremities

Products:

- V-NITRO – nitric oxide + blood flow to joints and tissues
- V-ASCULAX – vascular health + circulation + nutrient delivery
- V-OMEGA 3 – anti-inflammatory + microcirculation support

Why It Works:

- Poor circulation limits the delivery of healing nutrients to damaged joints
- Improved blood flow accelerates natural joint repair processes
- Supports removal of inflammatory waste products from joint tissue

■ Bone Density & Long-Term Joint Health Bundle

"Protect Your Joints for the Years Ahead"

Best For:

Bone loss, osteoporosis risk, long-term joint preservation

Products:

- V-DAILY – calcium cofactors + vitamin D + magnesium + bone nutrients
- VITALAGE COLLAGEN – bone matrix + connective tissue support
- V-CURCUMAX – reduces bone-degrading inflammatory markers

Why It Works:

- Bone density loss accelerates joint pain and instability over time
- Vitamin D and magnesium are foundational for calcium absorption into bone
- Collagen supports the bone matrix that provides structure and resilience

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Inflammation / Mobility	\$129–\$159	~\$60–\$90
Mid	Collagen / Circulation	\$159–\$199	~\$80–\$120
Premium	Full Joint Health System	\$199–\$279	~\$100–\$170

These products are designed to support general wellness. They are not intended to diagnose, treat, cure, or prevent any disease. Always consult with your healthcare provider before starting any supplement regimen.

■ Energy & Vitality Support

Tired of Being Tired? Your Body Is Asking for More Than Coffee.

Low energy isn't just about sleep — it's about nutrition, circulation, hormones, gut health, and cellular function all working together. These bundles target the real root causes of fatigue so you can show up fully every single day.

■ Clean Energy & Mental Focus Bundle

"Energy That Lasts. Focus That Follows."

Best For:

Daily fatigue, brain fog, afternoon crashes, lack of focus

Products:

- LATTEKAFFE – adaptogenic mushrooms + MCT + clean cognitive energy
- V-NRGY TROPICAL – sustained thermogenic energy + metabolism boost
- V-NITRO – circulation + oxygen delivery for brain and body

Why It Works:

- Adaptogenic mushrooms support sustained energy without the jitteriness of stimulants
- MCT oil provides immediate clean fuel directly to the brain and muscles
- Improved circulation means more oxygen and nutrients reach the brain faster

■ Deep Nutrition & Cellular Energy Bundle

"Feed Your Cells. Power Your Day."

Best For:

Chronic depletion, nutrient deficiency fatigue, burnout

Products:

- V-DAILY – B vitamins + iron cofactors + minerals for energy metabolism
- NOURISH+ – protein + superfoods + complete micronutrient support
- GLUTATION PLUS+ – mitochondrial support + cellular energy production

Why It Works:

- B vitamin deficiency is one of the most common and overlooked causes of fatigue
- The mitochondria are the body's energy factories — glutathione protects them
- Complete nutrition gives the body the raw materials to generate sustained energy

■ Circulation & Oxygen Flow Bundle

"Open Up. Power Up."

Best For:

Physical fatigue, sluggishness, poor stamina, heavy legs

Products:

- V-NITRO – nitric oxide production + blood vessel dilation
- V-ASCULAX – vascular health + circulation + nutrient transport
- V-OMEGA 3 – reduces inflammation that restricts blood flow

Why It Works:

- Poor circulation is a silent but major cause of persistent fatigue
- Nitric oxide opens blood vessels allowing more oxygen to reach every cell
- Better circulation means muscles and organs get fuel — and energy follows

■ Adrenal, Stress & Burnout Recovery Bundle

"Stop Running on Empty. Start Recovering."

Best For:

Burnout, adrenal fatigue, stress-driven exhaustion, wired but tired

Products:

- V-ITALAY – nervous system calming + adrenal support
- GLUTATION PLUS+ – antioxidant + adrenal + cortisol stress support
- V-OMEGA 3 – brain + stress hormone regulation + anti-inflammatory

Why It Works:

- Chronic stress depletes the adrenal glands causing deep fatigue
- High cortisol paradoxically causes exhaustion even when you can't sleep
- Supports the body's ability to recover from stress and restore baseline energy

■ Performance & Physical Stamina Bundle

"Train Harder. Recover Faster. Go Again."

Best For:

Low physical energy, poor workout performance, slow recovery

Products:

- PERFORMANCE+ – amino acids + electrolytes + endurance support
- V-NRGY TROPICAL – pre-activity energy + metabolic activation
- VITAL PRO – protein + amino acids to support sustained physical output

Why It Works:

- Electrolyte depletion is a primary cause of physical fatigue and cramping
- Amino acids provide the building blocks for muscle energy and repair
- Supports both the energy to perform and the recovery to do it again tomorrow

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Clean Energy / Nutrition	\$119–\$149	~\$55–\$85
Mid	Circulation / Adrenal	\$149–\$189	~\$75–\$115
Premium	Full Energy & Vitality System	\$189–\$259	~\$95–\$155

These products are designed to support general wellness. They are not intended to diagnose, treat, cure, or prevent any disease. Always consult with your healthcare provider before starting any supplement regimen.

■ Liver & Kidney Wellness Support

Your Organs Do Everything. Support Them Like It.

The liver and kidneys are the body's master filtration and detox system. When they are under stress — from fatty liver, psoriasis-related inflammation, chronic kidney disease, metabolic overload, or the effects of alcohol — the entire body feels it. These bundles are designed to gently support organ function, reduce inflammation, and replenish what these conditions deplete. Always consult your healthcare provider or specialist before starting any supplement regimen, especially with kidney disease.

■ Liver Support & Detox Foundation Bundle

"Give Your Liver What It Needs to Do Its Job"

Best For:

Fatty liver (NAFLD), sluggish liver, toxin overload, alcohol recovery

Products:

- V-ORGANEX – milk thistle + artichoke + dandelion for liver cell support
- GLUTATION PLUS+ – glutathione — the liver's most critical antioxidant
- V-TE DETOX – gentle herbal support for liver detox pathways

Why It Works:

- Milk thistle (silymarin) is the most clinically studied herb for liver cell protection
- Glutathione is produced in the liver and is depleted by fatty liver and alcohol use
- Supports the liver's Phase 1 and Phase 2 detoxification processes gently

■ Inflammation & Organ Protection Bundle

"Reduce the Burden. Protect the Organs."

Best For:

Inflammatory liver and kidney conditions, psoriasis-related organ stress

Products:

- V-CURCUMAX – turmeric + boswellia + potent anti-inflammatory support
- V-OMEGA 3 – reduces systemic inflammation that burdens liver and kidneys
- GLUTATION PLUS+ – cellular antioxidant protection for stressed organ tissue

Why It Works:

- Chronic inflammation is the underlying driver of both liver and kidney disease progression
- Omega-3s reduce the inflammatory load that forces the kidneys to work harder
- Antioxidants neutralize free radicals generated by diseased or stressed organ tissue

■ Kidney Wellness & Fluid Balance Bundle

"Support Your Kidneys With Gentle, Targeted Nutrition"

Best For:

Kidney health support, fluid retention, urinary health — consult your doctor first

Products:

- V-DAILY – carefully balanced vitamins and minerals to support kidney function
- V-OMEGA 3 – anti-inflammatory support for kidney tissue protection
- SMART BIOTICS – gut health support to reduce the kidney's filtration burden

Why It Works:

- A healthy gut microbiome reduces uremic toxins the kidneys must filter
- Omega-3s have been studied for their role in slowing kidney disease progression
- Nutritional support helps address deficiencies common in kidney disease

■ Fatigue, Nutrient Loss & Recovery Bundle

"Replenish What Your Body Is Losing"

Best For:

Chronic fatigue from organ disease, nutrient depletion, weakness

Products:

- NOURISH+ – complete protein + superfoods + easy-to-absorb micronutrients
- V-DAILY – B vitamins + iron cofactors to address disease-related depletion
- VITAL PRO – protein + amino acids to combat muscle wasting

Why It Works:

- Liver and kidney disease both cause significant nutrient depletion and fatigue
- Protein needs are elevated in many liver conditions to prevent muscle wasting
- B12 and iron deficiency are extremely common in chronic kidney disease

■ Stress, Immune & Whole Body Support Bundle

"Support the Whole Body, Not Just the Organs"

Best For:

Immune suppression, stress burden, whole-body inflammation

Products:

- D-FENZ – immune support + vitamin C, D, zinc for compromised immunity
- V-ITALAY – nervous system + stress support for chronic illness fatigue
- V-OMEGA 3 – systemic anti-inflammatory + brain + immune support

Why It Works:

- Chronic organ disease places enormous stress on the immune system
- Stress hormones worsen both liver inflammation and kidney filtration efficiency
- Comprehensive immune support helps the whole body cope during illness

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Liver Support / Inflammation	\$129–\$159	~\$60–\$90
Mid	Kidney / Fatigue Bundles	\$159–\$199	~\$80–\$120
Premium	Full Organ Wellness System	\$199–\$279	~\$100–\$170

IMPORTANT: These products are designed to support general wellness only. They are NOT intended to diagnose, treat, cure, or prevent any disease including liver disease, kidney disease, cirrhosis, or CKD. Individuals with chronic kidney disease, cirrhosis, or serious liver conditions MUST consult their nephrologist, hepatologist, or primary care physician before starting any supplement. Certain vitamins, minerals, and herbs can be contraindicated in kidney and liver disease and may worsen your condition. Never replace prescribed treatment with supplements.

■ Skin, Hair & Beauty From Within

Everything Beautiful About You Starts on the Inside.

Every serum, cream, and hair treatment you put on your body can only do so much. True skin clarity, hair strength, and lasting beauty are built from the inside — through nutrition, gut health, circulation, liver detox, hormones, and cellular repair. These bundles address the root causes that no topical product can reach. Because the inside always shows on the outside.

■ Collagen, Elasticity & Skin Strength Bundle

"Build Beautiful Skin and Strong Hair From the Inside Out"

Best For:

Sagging skin, fine lines, thinning hair, loss of firmness and shine

Products:

- VITALAGE COLLAGEN – collagen types I, II, III for skin structure, hair shaft strength + elasticity
- GLUTATION PLUS+ – master antioxidant + skin brightening + cellular regeneration
- V-OMEGA 3 – essential fatty acids for skin hydration, scalp health + plumpness from within

Why It Works:

- Collagen makes up 70% of skin and is the structural protein in every strand of hair
- Glutathione is one of the most powerful anti-aging antioxidants — protecting both skin and hair follicles
- Omega-3 fatty acids nourish the scalp, reduce follicle inflammation, and keep skin hydrated and plump

■ Glow, Brightness & Hyperpigmentation Bundle

"Glow That Comes From Somewhere Real"

Best For:

Dull skin, dark spots, uneven tone, hyperpigmentation, lackluster hair

Products:

- GLUTATION PLUS+ – glutathione + vitamin C for melanin regulation + skin and scalp brightness
- V-ORGANEX – liver detox support to clear the toxins that cloud skin tone and clog follicles
- V-ASCULAX – circulation + nutrient delivery for a natural visible glow and healthy scalp blood flow

Why It Works:

- Glutathione works at the cellular level to reduce melanin overproduction causing dark spots
- An overloaded liver allows toxins to surface through the skin and disrupt the scalp environment
- Improved circulation delivers oxygen and nutrients that create genuine glow — and feed hair follicles

■ Acne, Inflammation & Scalp Health Bundle

"Clear Skin, Healthy Scalp. It All Starts in the Gut."

Best For:

Acne, breakouts, hormonal skin, scalp inflammation, dandruff

Products:

- SMART BIOTICS – gut microbiome balance directly linked to both skin clarity and scalp health
- V-OMEGA 3 – reduces the systemic inflammation that drives acne, redness, and scalp conditions
- V-DAILY – zinc + vitamins A, D, and B essential for skin cell turnover, repair, and follicle health

Why It Works:

- The gut-skin-scalp axis is well established — an imbalanced gut shows on your face and head
- Zinc deficiency is directly linked to both adult acne and accelerated hair thinning
- B vitamins — especially biotin and B12 — are foundational nutrients for hair growth and scalp health

■ Hair Loss, Thinning & Regrowth Support Bundle

"Feed Your Follicles. Grow Your Confidence Back."

Best For:

Hair shedding, thinning, postpartum hair loss, stress-related loss, slow growth

Products:

- VITAL PRO – protein + amino acids providing keratin — the primary building block of hair
- V-DAILY – iron cofactors + B vitamins + zinc + vitamin D critical for follicle function
- NOURISH+ – complete nutrition + superfoods to address the deficiencies that cause shedding

Why It Works:

- Hair is made of keratin — without adequate protein intake, the body sheds hair to conserve resources
- Iron and vitamin D deficiency are two of the most common and overlooked causes of female hair loss
- Stress, hormones, thyroid issues, and poor nutrition all converge at the follicle — targeted nutrition addresses all of them

■ Eczema, Psoriasis & Reactive Skin Bundle

"Calm the Fire Under Your Skin and Scalp"

Best For:

Eczema, psoriasis, dry patches, sensitive and reactive skin, scalp psoriasis

Products:

- V-OMEGA 3 – anti-inflammatory support for immune-driven skin and scalp conditions
- V-CURCUMAX – turmeric + boswellia to reduce skin and scalp inflammation systemically
- GLUTATION PLUS+ – cellular antioxidant protection for reactive skin and stressed follicles

Why It Works:

- Eczema and psoriasis are inflammatory immune conditions — systemic inflammation reduction is essential
- Scalp psoriasis is one of the leading causes of hair loss in women of color — addressing inflammation helps both
- Antioxidant support protects skin cells and hair follicles from the oxidative damage that worsens these conditions

Pricing Strategy

Tier	Bundle Type	Price Range	Est. Profit
Entry	Glow / Acne / Scalp	\$129–\$159	~\$60–\$90
Mid	Collagen / Hair Loss	\$159–\$199	~\$80–\$120
Premium	Full Beauty From Within System	\$199–\$279	~\$100–\$170

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